

PARAFFIN WAX REFILL

ParaSpa™

Enjoy warm, soothing relief from muscle tension, and moisturize dry hands and feet.

Thank you for purchasing HoMedics ParaSpa™ Paraffin wax refill. This, like the entire HoMedics line, is made with high-quality craftsmanship. We hope that you'll find it to be the finest product of its kind.

A paraffin bath turns your home into a salon, providing you with the ultimate experience by helping you to relax, relieve tension and soothe sore muscles. Relax. Renew. Simplify.

ParaSpa™ Replacement Wax Features

- Pure, hypoallergenic paraffin wax containing no scents or dyes to irritate sensitive skin.
- Easy and Convenient, 1 lb. packages allow you to refill as needed without the mess.
- Includes plastic liners to help extend heat treatment for added therapeutic benefit.

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IMPORTANT INSTRUCTIONS:

READ ALL INSTRUCTIONS BEFORE USING

- Do not apply the hot wax near eyes or other heat sensitive areas.
- Do not allow the level of paraffin wax to fall below the "MIN" line inside of the tub.
- Never use sharp instruments to remove solidified paraffin wax from the unit.

SAVE THESE INSTRUCTIONS

Caution – Please read all instructions carefully before operating.

SPECIAL WARNINGS

IF YOU HAVE OR HAVE HAD ANY SKIN CONDITIONS, DISEASES AND OR HEALTH PROBLEMS, YOU SHOULD CONSULT YOUR PHYSICIAN BEFORE USE.

- Use bath only when seated. Do not stand on or in the tub unit.
- Do not apply paraffin wax on open cuts or wounds, warts, inflamed skin, or when the sensation of any extremities is decreased.
- Consult your physician if you have any questions or concerns about acute inflammation and peripheral vascular disease or decreased sensation of any extremity before using.
- Discontinue use and consult a physician if the paraffin wax feels too hot or if it does not feel warm enough. This may indicate a possible physical problem.
- Discontinue use and consult your physician if dermatitis, discomfort, irritation, or pain occurs from continued paraffin treatments.
- Test the paraffin wax on the inside of your wrist to make sure the temperature is comfortable.
- Do not overfill the unit and always keep the paraffin wax level about 2 inches from the top of the bath or at the "MAX" level indicator.
- Never operate the unit without paraffin wax.
- Do not heat paraffin wax in its plastic packaging, nor heat it over an open flame, on a range, stove or in a microwave.
- Do not pour the melted paraffin wax from the tub/unit.
- Unplug unit before filling with paraffin wax.
- Do not use accessories or wax not recommended or sold by HoMedics.
- Do not put water into the tub/unit.
- Do not dip the treated area with a plastic liner placed on.
- This product should never be used by any individual suffering from any physical ailment that would limit the user's capacity to operate the controls.
- Use this appliance only for its intended use as described in the manual.
- Do not use attachments not recommended by HoMedics, specifically any attachment not provided with the unit.
- Never use this product while in bed.
- Use appliance on a sturdy level surface only.
- Always store this product in a cool, dry place.



Figure 1



Figure 2

Instructions for use:

How to set up the paraffin bath unit:

To set up the unit, please refer back to the instruction manual enclosed with the purchase of your paraffin bath. The "How to set up the unit" section under the "Instruction for Use" page will provide all the necessary step-by-step procedures to begin your paraffin bath treatment. Always keep the level of paraffin wax filled to the "MIN" line marked on the inside of the tub. Wax must not exceed the "MAX" level.

How to use the paraffin treatment:

1. Before immersing your hand, elbow, or foot, test the paraffin wax on the inside of your wrist to make sure the temperature of the wax is comfortable.

NOTE: It is suggested you wash the area to be treated and apply lanolin-based hand lotion over the area before dipping it into the paraffin wax. This will allow the wax to be removed easier and will help moisturize the skin.

2. Dip your hand, elbow, or foot into the melted paraffin wax and remove immediately. Wait a few seconds until the wax solidifies. Try to avoid moving your hand, foot, or elbow while wax is applied.
NOTE: Dipping process is quick. Do not leave hand, foot or elbow in the tub. Do not soak. Dip quickly in and out.
3. Repeat this step several times until several layers have formed, 6-10 coatings are suggested.
4. For longer heat treatment, place a plastic liner (provided) over the treated area and twist bag at opening. Keep paraffin wax and liner on treated area for 10-20 minutes for ultimate therapy. **See Fig. 1**
NOTE: When using the paraffin bath with plastic liners on your feet, do not walk around! This may cause you to slip and fall.
5. Peel off the wax from the treated area. If using a plastic liner, peel the plastic lining from the area being treated. Paraffin wax will peel off with liner. **See Fig. 2**
6. Discard used wax.
NOTE: If you are the only person using the paraffin bath, the wax can be re-used, simply put it back into the tub to re-melt.